



INFORMATION FOR SITE USE AND STANDARDS OF OPERATION

1. Please designate a leader who will act as the intermediary between your group and True Friends Staff.
2. The designated leader should arrive before the majority of the group to check in with the camp representative.
3. All groups need to provide proof of liability insurance. Please present your Certificate of Insurance, obtained from your group's own insurance carrier, to True Friends.
4. Groups are responsible for providing bedding and towels unless reserved in advance. (Additional fees apply)
5. Groups are advised to have First Aid supplies available and an individual who is trained and certified by a nationally recognized provider to provide CPR/ AED, First Aid and emergency transportation as necessary. Please report any illness/injury to the host on call.
 - a. 5.a It is the recommendation of True Friends that group leaders obtain the following for all participants: Name and Address; Emergency Contact names and numbers; a listing of any person with known allergies or health conditions requiring treatment, restriction, or other accommodation while at a True Friends site; and for minors without a parent/guardian on site, signed permission to seek emergency treatment or a signed religious waiver.
 - b. 5.b All drugs, both prescription and non-prescription are to be locked and stored away from participant access for whom the drug is not prescribed, or belonging to, leaving access only to the person responsible for administering them.
6. The possession and consumption of alcoholic beverages while at onsite must be preapproved by the True Friends Retreats Director.
7. Cannabis, illegal drugs, firearms, ammunition or explosives (including fireworks) are prohibited on the True Friends property.
8. Smoking/vaping tobacco is allowed only in the designated outdoor areas.
9. True Friends recommends that groups bringing adult leaders use appropriate screening policies such as criminal background checks, check of National Sex Offender Public registry, reference checks and personal interviews.
10. The group leader is responsible to supervise the behavior of all group members while on camp property; activities including but not limited to outdoor play, gym use and in cabins. Recommended supervision for children ratios are: One adult per 5 (4-5yr. olds), 6 (6-8yr. olds), 8 (9-14yr. olds), and 10 (15-18yr. olds) overnight and day use.
11. True Friends will provide a host on call to assist you with any questions, concerns, or problems you may encounter during your stay. You will be given the host's name and contact number when you check in.
12. All groups are responsible for completing basic cabin and/or meeting room cleanup before departure, as per instructions given upon arrival.
13. After each meal group members must scrape their dishes and return them to the dish room.
14. Quiet hours are 11:00 p.m. -7:00 a.m. This includes both loud indoor activities (i.e. bands, stereos) and any outdoor activities.
15. Please make sure all participants are told not to enter buildings other than the spaces assigned to your group.
16. All groups must protect their own valuables. Please keep them with you at all times. True Friends is not responsible for lost or stolen items.

17. No candles, matches, torches, or open-flame type lanterns will be allowed in buildings. Special arrangements can be made for religious services. Please do not spill wax on the floor or other surfaces; fees will be issued for wax cleanup.
18. True Friends advises rental groups provide training to all staff to minimize the potential of any rental group personnel being in a one-on-one camper/personnel situation out of the sight of others.
19. No pets are allowed on property, with exceptions for working animals (i.e. Seeing Eye dog).
20. Retreats personnel reserves the right to terminate an activity or program that is deemed to be potentially harmful to people, facilities, or the image of True Friends.
21. There are fire extinguishers in all buildings in case of an emergency.
22. Replacement and repair costs of broken, damaged property is the sole financial responsibility of your group.
23. To report power outages please notify the host on call.

CAMP ENTRANCE HOURS POLICY

True Friends invite guests to arrive between the hours of 7am-10pm. If an individual will be arriving before or after this set time, we ask that you provide the following to the designated contact below before 4pm on the day before the guest is due to arrive to guarantee entrance:

First and Last Name

Arrival Time (30 minute window)

The arriving guest will then be escorted by a member of True Friends to their accommodations at the decided upon time.

Camp Courage - Reception Center

Camp Friendship - Front Gate in Main Parking Lot

Camp Courage North - Dining Hall Office

Camp Eden Wood - Lodge

STORM PROCEDURES

If time permits:

- Camp Friendship-All persons should go to the lower level of the Program Center.
- Camp Eden Wood-All persons should go to the lower level of Birchwood cabin or the basement of the South Dorm. The combo lock is 6350. You need to go around back of South Dorm to enter the storm shelter.
- Camp Courage-The following areas are shelters: Lakeside Unit -below the dining hall on the south end, by the bathrooms; Inter Camp -the basement of the Reception Center, the basement bathrooms of the Rotary Building or the tunnel exit of the gym; Woodland Unit -below the dining hall, in or by the bathrooms. Other safe areas are the bathrooms of the basement level of the Speech Therapy building.
- Camp Courage North-All persons should go to the dining hall basement that is accessed from the kitchen or the ramp from outside the building. If there is no time to move to these designated areas, follow emergency storm procedure cards specific to occupied building. These cards are posted in all cabins and buildings at all True Friends locations.

TELEPHONE INFORMATION

Most cell phones work at our locations so you may have friends or family call you directly in case of an emergency.

PARKING AND VEHICLE INFORMATION

Vehicles are allowed on the designated roadways of the main camp to unload your luggage, but must be parked in designated parking areas. Do not park on the grass or drive over the open grass areas, possible damage to septic system could result. Do not block road s; there must be emergency vehicle access. Transportation of passengers in the back of pick-up trucks or wagons where seats are not attached is forbidden. True Friends is unable to provide transportation to user/rental groups.

RECREATION ACTIVITIES

We encourage groups to bring their own equipment. Limited recreation equipment is available. Please ask your host for checkout information. Campfire location must be arranged prior to arrival. Group is responsible for lighting and maintaining their own camp fires. The fire must be completely extinguished before your group leaves for the night.

AQUATIC RULES

True Friends strongly advises all Rental Groups provide a certified lifeguard for swimming and boating activities. All Rental Plus Groups are required to have a certified lifeguard for swimming and boating activities. See “Aquatic Rules and Requirements” for additional policies and procedures.

EMERGENCY INFORMATION

In the event of a fire, severe injury or a need for law enforcement assistance, please call 911. Groups will assume responsibility for all medical emergencies.

To prepare for possible emergencies True Friends recommends that all groups have the following information: name and address of participants, emergency contact names and numbers, list of known allergies/health conditions requiring treatment, restriction, or other special accommodations. For minors without a parent on-site, it would be advisable to have a signed permission to seek emergency medical treatment or a signed religious waiver.

TELEPHONE AND CONTACT INFORMATION

The following facilities provide services to True Friends Conference and Retreat Centers:

Camp Courage and Camp Friendship

St. Cloud Medical Group, North West Clinic 320-202-8949
St. Cloud Medical Group Urgent Care Hours 2:30pm-9pm
Clearwater Clinic, Clearwater 320-558-2293
CentraCare Walk-in Clinic, St. Cloud Hospital 320-240-7814
Thrifty White Pharmacy, Annandale 320-274-3062
Walgreens Drug Store, St. Cloud 320-251-9433
St. Cloud Hospital 800-835-6652
St. Cloud ER direct dial 320-255-5656
St. Cloud Hospital ER Fax 320-656-7044
Buffalo Hospital 763-682-1212
Ambulance/Police/Fire 911

Camp Courage
8046 83rd St NW
Maple Lake, MN 55358

Camp Friendship
10509 108th St NW
Annandale, MN 55302

Camp Eden Wood

Park Nicollet Clinic 952-993-3123
Methodist Hospital 952-993-5353
Ambulance/Police/Fire 911

Camp Eden Wood
6350 Indian Chief Rd
Eden Prairie, MN 55346

Camp Courage North

St. Joseph Hospital, Park Rapids 218-732-3311
Essentia Health Clinic, Park Rapids 218-732-2800
Sanford Medical Center, Bemidji 218-751-5430
Ambulance/Police/Fire 911

Camp Courage North
37569 N Courage Dr
Lake George, MN 56458