



# Join us for Winter Camp

DECEMBER 27-31 2019

## Registration Opens October 1, 2019! Space is Limited!

True Friends serves individuals ages 5 years old and up. Many of our campers have autism, cerebral palsy, ADD/ADHD, Down syndrome, epilepsy, hearing or visual impairment, mild developmental delays, physical challenges or a combination of disabilities. Winter camp gives everyone the opportunity to enjoy a wide variety of activities, each one adapted by trained staff to meet the age and ability level of every individual.

### CLASSIC CAMP

Participate in traditional winter camp activities, including sledding, snowshoeing and snowmobile rides with indoor activities like arts and crafts, music and cooking.

Our staff thoughtfully select cabin groups based on ages and gender. Trained staff members provide activities of daily living assistance as needed and live in staff rooms in the cabins.

### ADULT RETREAT

Participate in a variety of winter camp activities, including sledding, snowshoeing and snowmobile rides with indoor activities as well.

You will choose activities that interest and challenge you and have free time to enjoy camp. You and your cabin group also plan a free day trip during the week.

All Winter Camp programs will be held at Camp Friendship in Annandale. Same great programs, all in one great location!



Camp Friendship, Annandale  
DEC. 27-31, 2019

Session	Age	High 1:1	Medium 1:3	Low 1:5
101 Classic Camp	5+	\$1,650*	\$1390*	-
102 Adult Retreat	18+	-	-	\$990*

\*A deposit of \$300 is required for private paying individuals. Deposits will be applied toward the total cost. Please note: your application will not be confirmed, and you will not be registered for camp, until a deposit has been received.

## SUPPORTING PARTICIPANTS FOR A SUCCESSFUL EXPERIENCE

True Friends partners with families and guardians to make each participant's experience successful. In order for us to do this we need guardians and families to provide extensive information about each participant. True Friends also acknowledges not all participants are appropriate for the "camp-type" setting in which the program is provided.

True Friends is a licensed home and community based basic support service; we are not an intensive or crisis service organization. Therefore, True Friends reserves the right to deny services to individuals who we believe pose a safety threat to themselves, other participants and/or employees.

## CARE RATIOS

### High Care Support: 1:1

- May have frequent verbal or physical outbursts that require staff intervention
- May be unable to communicate needs
- May have trouble participating in a group setting or display inappropriate behaviors
- May need extensive support with medical care needs
- Needs "eyes on" supervision during awake hours. The True Friends staffing model does not offer overnight awake staff. Staff assist campers with typical needs during the night.
- Uses a manual wheelchair and needs staff support to propel outside buildings
- May need total support with activities of daily living

### Medium Care Support: 1:3

- May have occasional verbal or physical outbursts that require staff intervention
- May have trouble with large social environments, but does well in small groups
- May need some support with medical care needs
- May need verbal support with activities of daily living
- Easily accepts support from staff

### Low Care Support: 1:5

- Can respond well to new and unfamiliar situations
- Can enjoy group settings
- Is independent with activities of daily living
- Easily communicates wants and needs
- Easily accepts support from staff

## WE PUT CARE AND SAFETY FIRST

Staff provide the guidance, supervision and personal care needed to get the most out of the camp experience.

- Our staff to camper ratios often differ from home
- Food service professionals qualified to prepare meals matching special diet needs including gluten free, dairy free, diabetic and pureed/chopped
- A licensed nurse will be available either on-site or on-call during the winter session.

## HOW TO REGISTER

All required documents must be received with your application. Applications will not be processed without an Annual Physical, Medication List from Health Care professional, Medication Administration Record, Deposit (if applicable) and a Service Authorization and CSSP/ CSP (for individuals using Waivered Funds).

1. Gather all the required documents prior to filling out the application (see above).
2. Choose your session from the options provided above and consider the care ratio most appropriate for you.
3. Apply online at [www.truefriends.org/camp](http://www.truefriends.org/camp). If you need instructions to apply online please call 952.852.0101.
4. Apply via mail by downloading the camper application from [www.truefriends.org/forms](http://www.truefriends.org/forms) or call to request a paper copy. Mail your form and deposit to: True Friends, 10509 108th St. NW, Annandale, MN 55302 (you may also email the scanned paper application to [registration@truefriends.org](mailto:registration@truefriends.org). You can also pay your deposit online by logging into your account or you can call 952.852.0132).
5. A confirmation packet will be sent once all required documents and a deposit are received. If you do not receive a confirmation email within three weeks of applying, please call Customer Relations at 952.852.0101.

## PRE-SET MEDICATIONS

To enhance the safety and well-being of participants, as well as to ease the check-in process, True Friends requires participants to use pre-set medications for their stay. To learn about pre-set medication options visit the website at [www.truefriends.org/forms](http://www.truefriends.org/forms) and click on pre-set medication information.

## MAKING CAMP AFFORDABLE

With the generous support of donors, we are able to provide assistance to many participants with proven need. To request aid, the financial assistance portion of the application must be completed and submitted with the application. Private pay, Consumer Directed Community Supports (CDCS) and 245D waiver funds, as well as other unlicensed payment sources including adoption assistance and other county sources are accepted.

## HOW TO PAY FOR YOUR STAY

True Friends offers a variety of ways to pay for your camping session including:

1. Pre-payment options.
2. Monthly payment installments. Consider making monthly payments throughout the year.
3. One installment payment.

