



**True Friends-True Strides**  
 10509 108<sup>th</sup> St. NW  
 Annandale, MN 55302  
 952-852-0101 - Fax 952-852-0123  
 Email: [info@truestrides.org](mailto:info@truestrides.org)  
 Website: [www.truefriends.org](http://www.truefriends.org)

**FOR OFFICE USE ONLY:** Application Rec'd. \_\_\_\_\_  
 Deposit Rec'd. \_\_\_\_\_  
 By \_\_\_\_\_  
 \_\_\_\_\_ WC SLW 1 2 3 4 5 6 7 8  
 P H SO Fb S D G O R C B RS H M L

**Application must be filled in completely.**

Please do not hesitate to include additional information which you feel may be helpful in the care of this individual. Thank you!

**Rider Personal Information:**

Name: \_\_\_\_\_  
 Last Legal First Name (Nickname ) Middle Initial

Address: \_\_\_\_\_  
 Street City State Zip

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Male  Female  Weight: \_\_\_\_\_

**Contact Information:**

Check type of living situation: Residential Facility  Private Home  Other  Please list \_\_\_\_\_  
*If applicant lives outside of private home, what is the staff/client ratio?* 1:1  1:2  1:3  1:4  1:5 or more

**Legal Guardian name**

Legal name: \_\_\_\_\_ Relationship to applicant: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_

Guardian address: \_\_\_\_\_  
 Street City State Zip

**Social Worker name:**

Name: \_\_\_\_\_ Relationship to applicant: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_

Guardian address: \_\_\_\_\_  
 Street City State Zip

Confirmation of service should be mailed to: (check one) parent  guardian  facility  participant  other: \_\_\_\_\_

Applicant Name:  Date of Birth:

**Contact Information Continued From Previous Page:**

**Emergency Contact Information #1:**

Legal name:  Relationship to applicant:   
Cell phone:  Home Phone:  Work:   
Email:   
Guardian address:   
Street City State Zip

**Emergency Contact Information #2:**

Legal name:  Relationship to applicant:   
Cell phone:  Home Phone:  Work:   
Email:   
Guardian address:   
Street City State Zip

**RELEASE SIGNATURES:**

**Attendance Release:** I hereby give my permission for the applicant named above, to participate in True Friends (TF) sponsored and supervised programs. **I certify that the information on the application is true, accurate and complete.** TF emphasizes safety first; however participation in TF programs has inherent risks that may result in injury. I acknowledge and accept this fact and agree to hold harmless TF, its employees, and agents.

**Emergency Release:** I hereby give permission to the non-medical staff selected by TF to provide routine health care, administer prescribed and comfort/first aid medications, and if needed, seek emergency medical treatment including x-rays, routine tests and treatment for applicant named above. **In the event that I cannot be reached in an emergency,** I hereby give permission to the physician selected by TF to secure and administer treatment including hospitalization, injections, anesthesia or surgery, for the applicant named above. I give permission to obtain copies of treatment and health records from any provider and I agree to release information and records necessary for treatment. TF cannot assume responsibility for any medical expenses that may occur if medical care must be sought.

**(REQUIRED)** Signature of parent, legal guardian, applicant if own guardian, or authorized person

Date signed

**We are unable to obtain signatures at this time. A copy** of this section has been sent to the appropriate individual for signatures and will be mailed to True Friends one month prior to applicant's arrival.

Applicant Name:  Date of Birth:

Name of Person Completing Application:  Date Application completed:

**DISABILITY/OTHER CONDITIONS: Check one:**  with disability/other condition  without disability/other condition  
*Please check all boxes that apply. Conditions in bold print \* require an additional questionnaire which our office will send you.*

Supervision or Support need is:  High  Medium  Low  Allergies to   
 Asperger Syndrome Reaction: Hives  Difficult breathing   
 Autism, type:  Anaphylaxis  Other

Attention Deficit Disorder or  Attention Deficit Hyperactivity Disorder  
 Alzheimer's or other Dementia (Beginning stages)  
 Blind/Vision impaired:  Wears glasses  Uses cane  
 Cerebral Palsy  
 Deaf/hearing impaired:  wears hearing aid(s)  
 Uses sign language (needs a staff proficient in sign language)  
 Developmental/Cognitive or Intellectual Disability  
 Down Syndrome  
 Oppositional Defiant Disorder  
 Pervasive Developmental Disorder  
 Prader-Willi Syndrome  
 Rett Syndrome  
 Tourette Syndrome  
 Traumatic Brain Injury  
 Williams Syndrome

Arthritis  
 Asthma  
 \*Catheter:  intermittent  in-dwelling  
 colostomy or ileo appliances  
 \*Diabetes,   
 insulin dependent  
 \*Feeding Tube:   
 \*Epilepsy/Seizures, type & frequency:

Further explanation for any condition or other disorder, explain:   
 \*Orthopedic appliances  
 splints  braces  prosthesis  
 \*Respiratory:  C-pap or  bi-pap  
 nebulizer  oxygen  suction  
 \*Tracheotomy  
 other   
 Heart problems, explain:

**Special Appliances/Ambulation – PLEASE PROVIDE NEEDED EQUIPMENT**

Wheelchair?  Yes  No  long distances only  Manual  Electric  Stroller  
Slow Walker?  Yes  No  
Assistance in walking?  Yes  No  support from another person  cane  walker  crutches  
Assistance in transferring?  Yes  No  
What type of transfer is used?  Mechanical Lift Only:  Yes  No  
Require **range of motion** exercises?  Yes  No If yes, please attach a copy of exercises.  
Does applicant wear/use?  Orthotics-----  left  right  Prosthesis-----  left  right  Braces/night braces  
Further Instructions:

**Bathroom Use**

Assistance in bathroom?  Independent  Needs reminders  Needs assistance  Total assistance  
Use of incontinent product?  Yes  No  
Further Instructions:

**Communication**

Able to communicate wants/needs?  Yes  No  
 Verbal  Uses a communication device  Sign Language  Non-verbally/gestures  
Type of communication devise:   
Understand/respond to questions?  Yes  No Needs extra time to process information  Yes  No  
Has difficulty understanding the communication of others  Yes  No  
Has difficulty expressing thoughts  Yes  No  
Able to read?  Yes  No Able to write?  Yes  No Can individual communicate pain?  Yes  No  
Further Instructions:

Applicant Name:  Date of Birth:

**Challenging Behavior - Check that apply:** (provide as much information as possible – use another paper as needed)

- Verbally challenging
  - Withdrawn/shy
  - Displays unusual behaviors toward male staff
  - Temper tantrums
  - Physically challenging toward objects
  - Displays unusual behaviors toward female staff
  - Stubbornness
  - Wanders unintentionally due to distractions
  - Other, describe:
- Ever been away from home before?  Yes  No
- Do you anticipate any concerns with this applicant going into the community  Yes  No
- If yes please explain (refusing to wear a seat belt, difficulties riding in a vehicle, difficulty waiting, wandering, inappropriate interaction with strangers, etc):

- If any of the following apply you are required to explain prevention/intervention:
- Self-injurious\*
  - Physically challenging toward others\*
  - Swears\*
  - Food-related behaviors\* (stealing, temper tantrums, eating inedible objects, manipulation)
  - Lies / Steals\*
  - Has fears\*
  - Removes clothing at inappropriate times or locations
  - Wanders or runs away intentionally\*
  - Bites\*
- Does this applicant ever require physical intervention?**  Yes  No
- Please explain what type of physical intervention is used, for what purpose and how frequently this type of intervention is used:

**If there is any physical intervention that is contraindicated medically?**  Yes  No

Explain:

**Prior True Friends Experience:**

Has the applicant ever attended True Friends services?  Yes  No  No, but I'd like more information about:

- Respite
- Summer Resident/Day Camp
- Winter Resident Camp
- Adventure Trip
- Weekend Focus

Check site(s) attended:

- Camp Friendship
- Camp Eden Wood
- Camp New Hope
- Camp Courage
- Courage North

How did you hear about True Strides?

- social worker
- teacher
- friend/family
- Arc
- DSAM
- AUSM
- other support organization:
- internet search/which site:

Attends school?  Yes  No

Where:  Type of Class:

Employed?  Yes  No Where:

What do they do at their job?

Please list any additional information regarding applicant, which may be helpful to staff (likes/dislikes):

